

MOTHER'S DAY MANIFESTO

for homeschooling moms



1. We are actually doing just fine.
2. We are loving and lovable!
3. It all works out in the end.
(If it doesn't feel all worked out, that just means it's not the end yet!)
4. Our children are so fortunate to have us as their mothers.
5. We embrace taking breaks.
(We get massages, take hot baths, pour ourselves cups of tea, go for walks with our friends, call up our loved ones, go out on date nights, ETC!)
6. We increase our joy by focusing on gratitude for what we have right now, right in front of us.
7. We recognize that we are doing very important work in the world, homeschooling our children.
8. Of course we don't have to be perfect!
But we show up every day and do our best.
9. Our (sometimes seemingly small) accomplishments add up to great things.
10. Mother's Day is about love. And we truly love ourselves. It's a radical notion that can change the world.

